

# Marilyn B. Jordan

Email: SageArtStudio@pacbell.net

I believe that we are all innately creative, and that sometimes other factors (education, career, parents, friends, crises, etc.) interfere with these natural abilities and inadvertently squelch our creativity. I've decided to spend this segment of my life rediscovering my innate creativity and seeing where it will take me.

When I'm in my art studio, I often get into a serene "zone" where time seems to stand still, and I am completely in the moment with the experience, focused and immersed in an effortless course of creating. I enjoy everything about the process of creating art: generating ideas, gathering materials and supplies, and experimenting with various tools and techniques. One of the things I love most about making art is how it entails a series of problem-solving challenges.

Art has enriched my life in countless ways. Visiting galleries and museums is one of my favorite pastimes. I have a modest art collection and enjoy being surrounded by art in my home. And, I'm continually amazed by the life lessons I've learned from making art—lessons about courage and fear, spontaneity and perfectionism, synchronicity and control. Being an artist has become a way for me to continue my journey of personal growth.



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**M**arilyn B. Jordan's mixed-media art includes representational and abstract collage, printmaking, altered books, art journaling, assemblage, and art dolls. In her art, she employs a wide variety of materials, including acrylics, crayons, inks, beeswax, photos, papers, found objects, fabric, fiber, and recycled jewelry.

**A**lthough she's had many artistic hobbies since childhood, giving full voice to her creativity by becoming an artist has been her focus for the last eight years. She is primarily self-taught as an artist, has participated in numerous art workshops and classes, and is always learning from fellow artists.

**M**arilyn is a member of Collage Artists of America, LA Experimental Artists, Southern California Women's Caucus for Art, International Society of Altered Book Artists, as well as several internet-based artist groups. Her artwork has appeared in a number of juried and group shows in the Los Angeles area and is in private collections in the US.

**I**n the year 2000, after a 20-year career in human resources management and organization development, Marilyn became a personal and professional coach (aka "life coach"). She now works with private clients, focusing on the areas of transition, career, and self-discovery. She's married and lives in Sherman Oaks with her husband Jerry, who is a lawyer. Together they enjoy traveling, collecting art, spending time with good friends, and most of all, being together.



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